



Lentigo maligna and lentigo maligna melanoma: contemporary issues in diagnosis and management

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Practice points

- Lentigo maligna represents melanoma *in situ* with the potential for invasive growth as lentigo maligna melanoma.
- Lesions tend to occur after the age of 65 years on chronically sun-exposed areas.
- Diagnosis can be challenging, best achieved with multiple biopsies or a larger shave or incisional biopsy of the entire lesion including margins.
- Margin control is paramount when choosing a treatment modality. Lowest recurrence rates are with Mohs micrographic surgery or staged excision with careful evaluation of margins.
- Noninvasive treatment options such as topical imiquimod and radiation treatment have promise, but more evidence is needed to support their use as monotherapy.
- Monitoring for disease clearance and recurrence when using both surgical and nonsurgical techniques is important, and can be achieved using dermoscopy and confocal microscopy.

SUMMARY Lentigo maligna and lentigo maligna melanomas present diagnostic and treatment dilemmas due to their frequent presence within a background of sun-damaged skin, and their location on cosmetically and functionally sensitive areas. As the incidence of this entity is increasing, diagnostic and management controversies have developed. While surgery remains the gold standard of treatment, nonsurgical treatment options are also emerging for both adjunctive and primary therapy.

Epidemiology

Lentigo maligna (LM), first described by Hutchinson in 1890, is the noninvasive counterpart to lentigo maligna melanoma (LMM). The latter (LMM) refers to invasive melanoma associated with a LM. LM and LMM occur on chronically sun-damaged skin, most commonly on the head and neck. Overall, LMM accounts for 5–15% of cutaneous melanomas [1–4]. As an increased incidence has been recently noted, controversies over diagnosis and appropriate management of this often challenging melanocytic neoplasm have emerged. LM is unique among melanomas, in that the natural history of this lesion is that of a slow-growing, more indolent tumor, often present for years preceding diagnosis. Even long-standing lesions often lack an invasive component, and LM has among the best 5-year survival rates among melanoma subtypes, estimated at 97.2% [5]. That said, once invasive, LMM can behave aggressively, with risk of metastasis [2]. Overall, the LM subtype accounts for about 5–10% of melanomas and 10–26% of head and neck melanomas, accounting for a larger percentage of melanomas occurring in patients over the age of 65 years [1–2,5–6].

KEYWORDS

- facial melanoma • lentigo maligna • lentigo maligna melanoma • melanoma • melanoma *in situ*

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Worldwide incidence of LM and LMM is increasing, demonstrated by recent reports from the USA, Australia and Denmark [1,3–4,7]. The mean age at diagnosis is 70 years [7]. Risk factors for the development of LM include history of sun exposure, light skin and propensity toward development of lentigines. LM is most commonly found on the cheek (estimated at 26–48% of lesions) [7–9]. Unlike superficial spreading melanoma, LMM is more strongly associated with previous development of lentigines and skin cancer history, and is not associated with pre-existing nevi or propensity toward development of nevi [10,11]. Ultraviolet radiation appears to play a different role in pathogenesis than in other subtypes of melanoma, in that chronic rather than intermittent sun exposure appears to increase risk of LM [1].

Unlike other subtypes of melanoma such as superficial spreading, LMM rarely harbors *BRAF* mutations [12]. When present, *BRAF* V600K mutations are more commonly seen than *BRAF* V600E mutations, consistent with the increase in *BRAF* V600K mutations in melanomas arising from chronically sun-damaged skin [13]. P53 mutations are also more commonly seen in the lentigo maligna subtype (along with other melanomas occurring in sun-damaged skin) [14].

Diagnosis

Clinically, LM occurs almost exclusively on actinically damaged skin. Initial appearance is often that of a subtle patch. One can see a range of colors from light brown/tan, darker brown, pink or black. Other features such as asymmetry, irregular borders and report of increasing size can be helpful. Nodularity can be appreciated once a lesion develops an invasive dermal component. Clinical differential diagnosis includes solar lentigo, pigmented actinic keratosis, lichen planus-like keratosis, pigmented basal cell carcinoma and seborrheic keratoses [15].

Histologic examination is the gold standard for diagnosis of LMM. While a complete excisional biopsy is ideal to examine the entirety of the lesion and determine prognostic information such as maximum Breslow depth, the large clinical size of many LM as well as most frequent location on the head and neck often precludes this technique. The authors prefer a long elliptical incisional biopsy involving a margin of clinically normal-appearing skin as well as a wide sampling of the lesion. An alternative

method would be a long saucerization biopsy, again sampling clinically normal skin adjacent to the lesion [16]. Other described approaches are multiple punch biopsies from within the lesion; however, this approach lends itself to sampling error [17].

Histopathologically, LM is characterized by a proliferation of predominantly solitary units of melanocytes at the dermoepidermal junction. However, melanocytes may also be displayed as nests. Extension of melanocytes into the superficial portion of hair follicles is commonly seen (Figure 1). Pagetoid spread, characteristic of melanoma of superficial spreading subtype, is usually not as pronounced. In invasive tumors, desmoplasia is more often seen than with other melanoma types [14]. Given that LM occurs almost exclusively on sun-damaged skin, increase in pigmentation of basal keratinocytes, atrophy of the epidermis and solar elastosis are consistent background features. Large atypical melanocytes along lower epidermal layers are seen, commonly involving the adnexa [18]. Since actinically damaged skin also tends to demonstrate some degree of melanocyte hyperplasia, a diagnostic dilemma often presents when distinguishing LM from a background of sun damage [19,20]. Additionally, early lesions often demonstrate quite subtle histologic changes. Distinguishing factors between chronically sun-damaged skin and LM include a higher density of melanocytes in LM [21].

Melanocytic markers including S100, HMB45, MITF, SOX10 and Melan A/MART1, have all been used in diagnosis of LM, especially in cases of unclear diagnosis. S100, while the most sensitive stain, is also the least specific, limiting its utility. Melan A is more specific, but can fail to stain desmoplastic melanomas [22,23]. MITF, a nuclear stain, has been demonstrated to be useful in distinguishing LM from chronically sun-damaged skin, by demonstrating melanocytic nuclear density of greater than or equal to 9 μm [21]. Mel-5 has also been reported to have excellent efficacy and is thought to provide less collateral staining of nonmelanocytes when used in Mohs surgery as a rapid immunostain [18]. A newer marker, R21, a monoclonal antibody against the soluble enzyme adenylyl cyclase has been recently utilized in facilitating diagnosis of lentigo maligna, showing strong nuclear staining [24]. However, this marker is not very reliable as it stains both benign as well as malignant melanocytes, and is usually associated with high background staining. An increase in presence of

macromelanosomes, giant granules containing melanin within keratinocytes and melanocytes, has also been recently described as a helpful feature in distinguishing LM/LMM from solar lentigines [25].

While diagnosis of LM is best made histologically, a number of diagnostic tools exist to assist in initial diagnosis and monitoring of lesions. The Wood's lamp, which emits ultraviolet light, is commonly used to delineate lesion borders (Figure 2). Dermoscopy, also known as digital epiluminescence microscopy, is becoming more prevalent among dermatologists and can provide useful clues in diagnosis of LM. Features unique to facial LM include hyperpigmentation of the follicular openings, annular-granular pattern of grey dots surrounding follicles, rhomboidal structures around hair follicle openings and obliteration of follicular openings in more invasive lesions, as described by Stolz [26]. Additional criteria that have been more recently described include increased vascular network density, red rhomboidal structures and target patterns [27]. For nonfacial LM, asymmetrically pigmented follicular openings and large polygonal structures are useful dermoscopic clues [28]. Use of dermoscopy has also been shown to enhance the detection of the clinical margins of LM [29].

In vivo reflectance confocal microscopy is an additional tool that has been used in diagnosis and management of LM, particularly in delineating subclinical disease extension. This noninvasive technique allows imaging of up to 200 micrometers in depth of the epidermis/dermis with cellular resolution. The technique has been described as an adjunct to surgical treatment to delineate surgical margins [30], as well as a monitoring tool to evaluate for recurrence of LM following treatment [31–34]. Specific features that have been described as indicative of LM and LMM include cord-like rete ridges and adnexal infiltration by atypical melanocytes [35].

Staging and management of invasive LMM is completed according to the American Joint Committee on cancer staging as with other subtypes of melanoma [16]. As metastatic disease does occur in LMM, sentinel lymph node biopsy can be a useful prognostic tool to detect subclinical metastases in cases that are at increased risk. Accordingly, at the authors' institution sentinel lymph node biopsy is discussed with patients when appropriate, according to NCCN guidelines. Specifically, in tumors with intermediate depth of 1–4 mm, sentinel

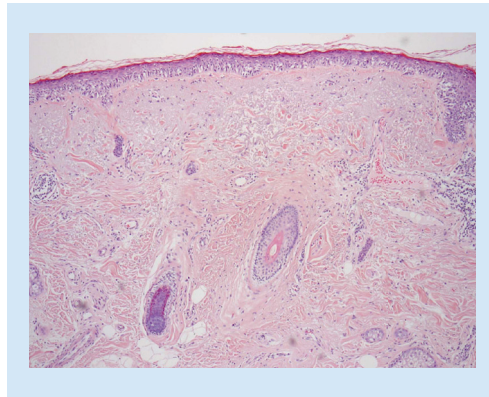


Figure 1. Lentigo maligna, demonstrating a predominance of solitary units of melanocytes at the dermoepidermal junction and focally above it, with extension into adnexal structures.

lymph node biopsy may be considered for prognostic information. For patients with tumors of 0.75–1 mm in depth, the role of sentinel lymph node biopsy is less clear, although select cases with other poor prognostic features such as more than one mitoses per high power field, this may be considered [36]. An additional complexity in sentinel lymph node biopsy for LMM is the frequent location of lesions occurring on the head and neck and the complex lymphatic drainage of this area. Some authors have posited that tumors on the head and neck location have less predictable lymphatic drainage, and thus less reliable sentinel lymph node biopsies, while others have shown that the technique is accurate in predicting lymph node metastasis [37–39]. The presence and absence of histologic regression has unclear

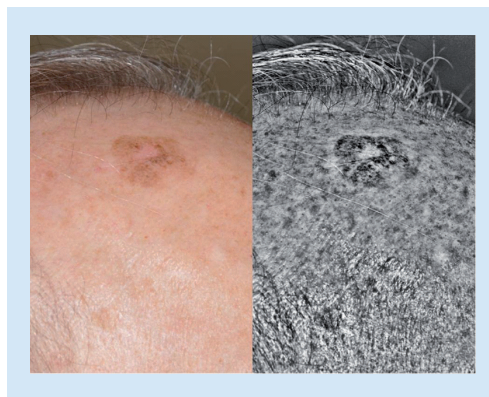


Figure 2. Lentigo maligna melanoma with corresponding Wood's lamp image. Irregular borders and various shades of brown pigmentation are seen in this patch.

prognostic value and is not used in our determination of appropriateness for sentinel lymph node biopsy.

Treatment

• Surgical management

Treatment dilemmas surround LM for a variety of reasons. The most common location of the head and neck necessitates a tissue sparing technique for optimal cosmetic and functional outcomes. Both surgical and nonsurgical treatment options exist, but surgery is considered the gold standard in treatment, as it allows histologic confirmation of complete clearance of the lesion and has the best evidence for efficacy with sustained low recurrence rates [40]. Unlike many of the alternative treatments for LM, surgical treatments also ensure removal of the deep margins of LM, which can notoriously track down adnexa. However, the often cosmetically sensitive location can create a surgical challenge, with preservation of normal tissue an important surgical aim. Unfortunately, subclinical extension of LM is common, and the potential for invasive disease to occur in cases of recurrence or incomplete removal exists; therefore, a margin-controlled technique is preferable for assurance of complete removal. While traditional margins of 0.5 cm have been recommended for clearance of melanoma *in situ* using wide local excision, multiple studies have demonstrated that larger margins are needed for acceptable levels of clearance of LM, with recurrence rates ranging from 8–20% with standard excisional techniques [9,41–43]. Larger initial LM lesions as well as recurrent LM tend to require larger margins for clearance [9,44]. The American Academy of Dermatology 2011 guidelines for management of cutaneous melanoma acknowledge that greater than 0.5 cm margins are often necessary, but do not make a recommendation for margins. It is, however, emphasized that careful examination of margins is paramount in treatment of this entity [16].

Among the surgical techniques described, Mohs micrographic surgery and staged excision with en face or radial sectioning demonstrate the lowest recurrence rates [40]. These techniques differ from the standard excision with set margins and conventional breadloafing during pathologic sectioning, where only approximately 5% of the peripheral margin is examined histologically. Mohs micrographic surgery involves surgical removal of tangential disc-like samples under local anesthesia, which are then processed

with en face sections, to allow for examination of 100% of the surgical margin. This technique offers the advantages of tissue-sparing with removal of minimal surrounding normal tissue, and improved efficiency/decreased cost of treatment with same-day removal of the lesion and repair. Rapid immunostains, most frequently Melan A/MART 1, are commonly used during Mohs surgery on frozen sections to improve identification of abnormal melanocytes [22]. An alternative approach is staged excision with paraffin-embedding then en face sectioning of margins, the so-called ‘Slow Mohs’ technique, which allows 100% margin examination. Bosbous *et al.* reported recurrence rates for this technique of 1.7% at median follow-up of 2.25 years [9,45].

Potential pitfalls of treating melanomas with Mohs surgery include variability in cure rates between institutions, difficulty in identifying melanoma on frozen sections and the potential for transecting an invasive component of melanoma on a tangential tumor debulking section. While use of immunostaining is common, the possibility for false positive staining exists, as can occur with pigmented actinic keratoses, often found on the sun-damaged skin that harbors LM [46]. Also, many features of LM can be seen in chronically actinically damaged skin, including confluent melanocytes and adnexal extension, which can be highlighted by immunostains [47]. For these reasons and others, accuracy of diagnosis of LM and LMM on frozen en face sections has been questioned [48,49]. Despite these potential pitfalls, the majority of recurrence rates have been reported in the range of <1–6.3%, with an isolated smaller study showing 33% recurrence [40,42,50].

Staged excision with rush permanent sections has also shown excellent efficacy in treatment of LM with an average 1.7% recurrence rate at mean follow-up of 32.3 months [51]. This technique involves debulking of the visible tumor with traditional vertical, or ‘breadloaf’ sectioning, permitting evaluation for occult invasive tumor [52]. A thin margin of surrounding peripheral skin is then excised with suture orientation (Figure 3). Sectioning of this tissue occurs in a radially oriented fashion, permitting the advantage of visualizing the transition between LM and actinically damaged background skin. Ideally, processing and evaluation of the permanent sections occurs within 24 h to allow the patient to return the following

day until tumor is cleared. The wound is typically left open with a pressure dressing which is kept in place, or retention sutures are placed for partial closure (Figure 4A & B). Variations of this technique include the 'square procedure' as originally described by Johnson *et al.* [53], in which tumor debulking is completed after peripheral clearance is achieved by using a double-bladed knife and removing the margins in strips, allowing for closure of the defect after each stage [51]. Another variant of staged excision is the so-called 'spaghetti technique,' in which thin strips of skin at the peripheral margin of the visible tumor are removed in stages until the entire lesion is mapped out, followed by removal of the central lesion, also allowing for closure between each stage and avoiding a large open wound. Recurrence rates for the spaghetti technique were reported as 4.76% by Gaudy-Marqueste *et al.* at an average of 25.36 months follow-up [54]. The majority of reported recurrence rates for variations of staged surgical excision range from <1–10% [40,44]. While generally considered a favorable treatment option, a disadvantage of staged procedures is the necessity for the patient to return to the office and undergo multiple procedures until surgical clearance is achieved.

• Medical management

Given the sensitive anatomic location of LM and LMM, as well as common occurrence in an elderly population, nonsurgical therapy is sometimes used for treatment, including radiation therapy, cryosurgery, topical imiquimod, laser treatment and observation. Insufficient evidence exists in support of these modalities for common use. An additional concern is inability to histologically examine the entire specimen, given the presence of invasive melanoma in 8.1–16% of tumors initially diagnosed as LM [41,52]. The propensity for LM to spread down adnexa is another concern when using modalities other than excision.

Radiation therapy has been more frequently used outside of the USA, but is useful in select patients with LM/LMM, both as primary treatment, or adjunctive treatment together with surgery. Ultra-soft x-radiation (grenz-ray) treatment uses a weak fixed voltage, typically penetrating about 0.5 mm deep and minimizing late radiation side effects. Due to superficial depth of penetration, partial excision is used when possible for more invasive LMM in combination with

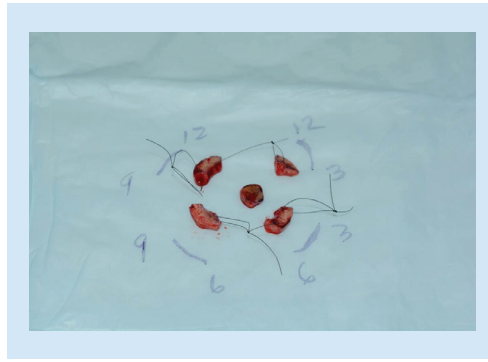


Figure 3. Staged excision specimen demonstrates central lesion debulking and margin of peripheral tissue excised with suture orientation.

grenz-rays, especially when lesions extend beyond 0.8 mm deep. Hedblad *et al.* recently reported a complete clearance rate of 83% using grenz-rays as primary treatment for LM and early LMM. Clearance rate for LM and LMM treated with grenz-rays plus partial excision was 90% [55]. One review article including 349 patients with LM/ LMM treated with a variety of regimens of radiotherapy showed a 5% recurrence rate.

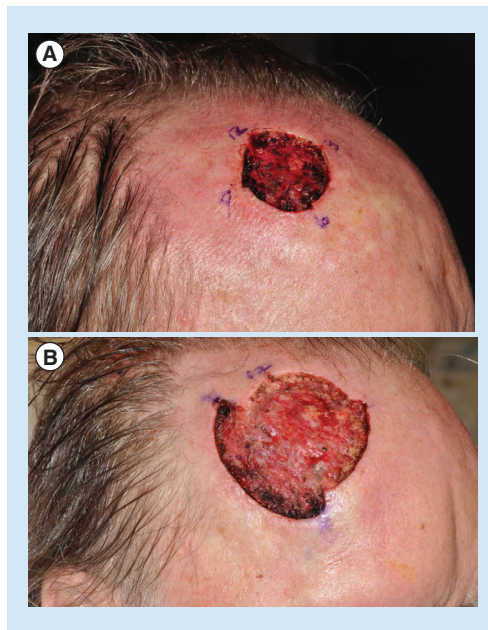


Figure 4. Lentigo maligna staged excision technique. (A) Lentigo maligna after one stage of staged excision with radial sectioning. (B) Lesion after three stages of staged excision. With mapping techniques, only areas with persistent lentigo maligna undergo further excision.

However, the studies were limited by retrospective design, diverse treatment regimens and wide variability in follow-up times [56]. Another review article by Barker *et al.* included 245 patients with LM with 9% local and 1% distant recurrence rates, and 77 patients with LMM citing 3% local and 3% distant recurrence rates, again with similar limitations [57].

Imiquimod 5% cream is a topical immunomodulator, which is US FDA approved for use in genital warts, actinic keratosis and superficial basal cell carcinoma on the trunk. This treatment has been recently reported as a potentially effective second-line treatment for LM, however, evidence for this treatment is still in preliminary stages. Typical regimens range from three-times weekly treatment to daily treatment for 2 weeks to 7 months [58–60]. A brisk inflammatory reaction is often seen and is desired as this is thought to correspond with immunologic response [61].

An interventional study by Ly *et al.* in which imiquimod 5% cream was applied five-times weekly for 12 weeks followed by excision demonstrated histopathologic clearance in 53% of patients, with poor concordance between macroscopic and histopathologic clearance [59]. However, a review article including 264 patients treated with various regimens reported 82% clinical or histologic clearance. This analysis was limited in that the majority of reports were case reports or series, with some uncontrolled trials [62]. Topical imiquimod has been used both preoperatively and postoperatively as an adjunct to surgical treatment with variable results [58–59,63]. Topical tazarotene 0.1% gel has also been used alone and in conjunction with topical imiquimod with resulting increased inflammation, however, this has not been shown to increase efficacy in clearing LM.

Destructive techniques including cryotherapy, photodynamic therapy, ablative laser including carbon dioxide and Er:YAG lasers, electrodesiccation and curettage, and pigment-targeting lasers such as Q-switched Nd:YAG and Alexandrite laser have been used, but

with variable efficacy and insufficient evidence to draw meaningful conclusions [64–68]. Recurrence rates have ranged from 0–40% with cryosurgery, from 0–37.8% with various lasers, and 25–100% with electrodesiccation and curettage [40]. When utilizing any nonsurgical treatments for LM/LMM, close surveillance for treatment failure is of utmost importance and can be performed clinically, with the aid of dermoscopy, and reflectance confocal microscopy [31,34].

Conclusion & future perspective

As the incidence of LM and LMM is increasing worldwide, dermatologists must maintain a high index of suspicion for early diagnosis of this often challenging entity. Tools such as dermoscopy and reflectance confocal microscopy are useful adjuncts with recently described features for improved diagnosis. Immunohistochemical stains for melanocytes, as well newer markers such as antibodies to adenylyl cyclase are useful in distinguishing LM/LMM from the background actinic damage they are frequently found within. Surgical treatment remains the gold standard for clearance of LM and LMM, with newly described techniques with margin control, such as staged excision with radial sectioning of margins, and Mohs micrographic surgery demonstrating the lowest rates of recurrence. However, additional nonsurgical treatments including imiquimod cream, radiation therapy and laser therapy have potential for primary or adjunctive treatment, though they require further evidence of efficacy.

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